



**Confidential
Communication Request**

You have the right to request that Guardian communicate with you about your health and related issues in a particular manner or at a certain location. For example, you may ask that we contact you at work rather than at home. We will accommodate all reasonable requests made in writing. Your request to receive Protected Health Information (PHI) by alternative means or at an alternative location must clearly state that your life could be endangered by the current disclosure method of all or part of your PHI.

Member Information:

Name: _____ Date of Birth: _____
(First, Middle, Last) (Month/Day/Year)

Address: _____
City State Zip Code

Telephone Number: _____
(including area code)

Employer Name: _____ Group Plan #: _____

Employee Name: _____ Social Security Number: _____

If you wish us to contact you at an address or phone number other than your home address or home telephone, please provide the following information:

Address: _____

City: _____ State: _____ Zip: _____

Alternative Telephone Number: () _____ - _____

Describe in as much detail as possible any other alternative means you request we use in communicating with you or any other alternative location not detailed above:

Please describe the reason for the request:

Print Name: _____ Relationship: _____

Signature: _____ Date: _____

Note that no request will be processed unless you or your authorized representative have signed this form.

If you are an authorized representative (other than a parent of a minor child), you will need to provide documentation or an explanation of your authority to act for the member (e.g., Power of Attorney).

Please send this form to:
The Guardian Life Insurance
Company of America
Group Quality
P.O. Box 981573
El Paso, TX 79998-1573