

## Bi-weekly Utilization for COMPANY

Current covered lives	144
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### Enrollment

How many enrolled members have enrolled **within the last two weeks**, as well as since the beginning of your partnership with Spring Health?

New members in the last 2 weeks	Total number of members	Percent total enrollment	Change in the last 2 weeks
10	72	50%	+4.35%

### Questionnaires

How many enrolled members have completed a questionnaire **within the last two weeks**, as well as since the beginning of your partnership with Spring Health?

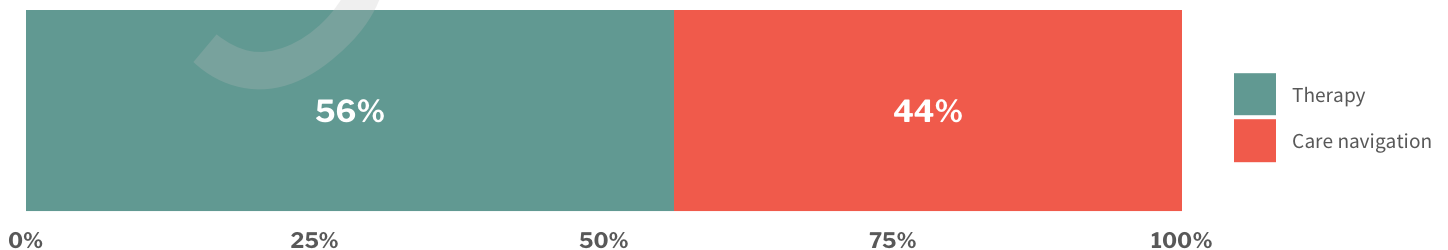
Members completing questionnaires in the last 2 weeks	Number of questionnaires in the last 2 weeks	Total number of members completing questionnaires	Total number of questionnaires	Percent of enrolled members that have taken a questionnaire	Average number of questionnaires per member
TFTR	21	54	343	75%	6.35

### Appointments

How many assessed members have booked an appointment **within the last two weeks**, as well as since the beginning of your partnership with Spring Health?

Members booking appointments in the last 2 weeks	Number of appointments in the last 2 weeks	Total number of members booking appointments	Total number of appointments	Percent of assessed members that have booked an appointment	Average number of appointments per member
15	10	17	41	31.48%	2.41

What types of appointments have been booked **since the beginning of your partnership with Spring Health**?



\* Too Few To Report: In order to protect the privacy of participating members, Spring Health will only report values when group sizes are greater than 10.

November 05, 2019 to February 03, 2020

## Quarterly Business Review for PARTNER

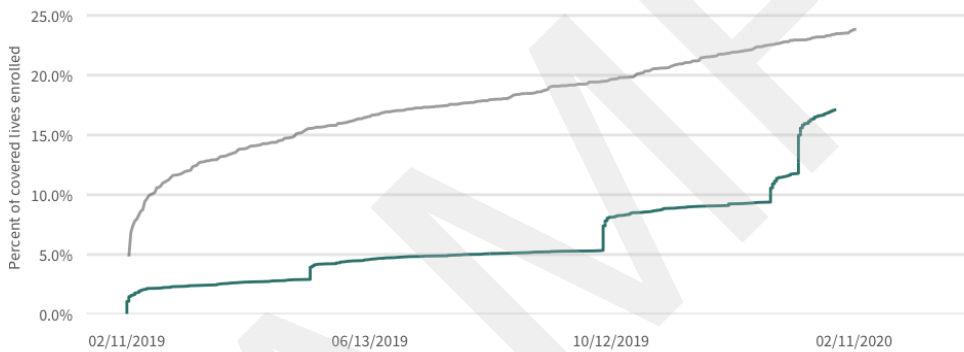
Current covered lives	3943
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### Enrollment

How many enrolled members have enrolled **within the last 90 days**, as well as since the beginning of your partnership with Spring Health?

New members in the last 90 days	Total number of members	Percent total enrollment	Change in the last 90 days
332	675	17.12%	+96.79%

How does enrollment **during this plan year** compare to Spring averages based on partners with similar packages?



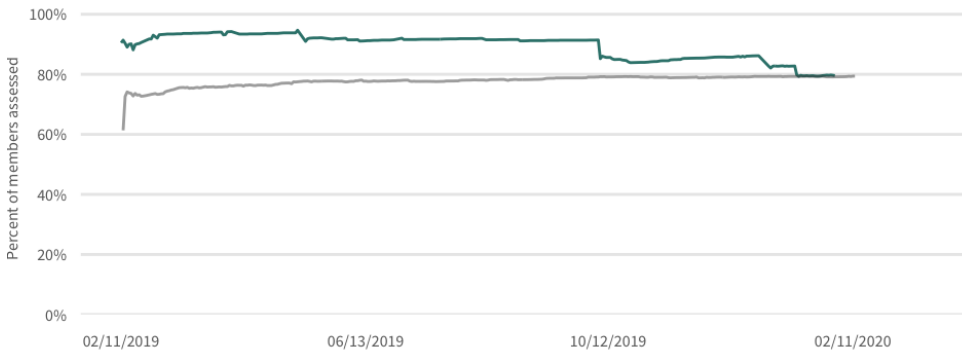
On average,  
one member enrolled every  
**0.27 days**  
over the last quarter.

### Questionnaires

How many enrolled members have completed a questionnaire **within the last 90 days**, as well as since the beginning of your partnership with Spring Health?

Members completing questionnaires in the last 90 days	Total number of members completing questionnaires	Percent of enrolled members that have taken a questionnaire	Average number of questionnaires per member	Number of questionnaires in the last 90 days	Total number of questionnaires
288	537	79.56%	7.89	1904	4236

How do members completing questionnaires **during this plan year** compare to Spring averages based on partners with similar packages?



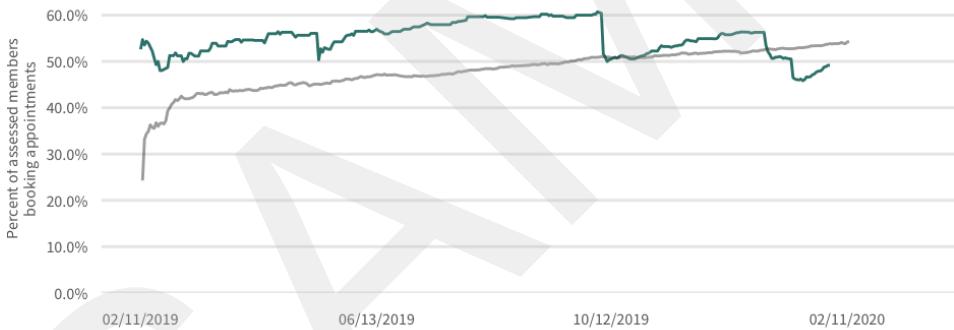
Out of all assessed members,  
**28.31%**  
return to be reassessed.

## Appointments

How many assessed members have booked an appointment **within the last 90 days**, as well as since the beginning of your partnership with Spring Health?

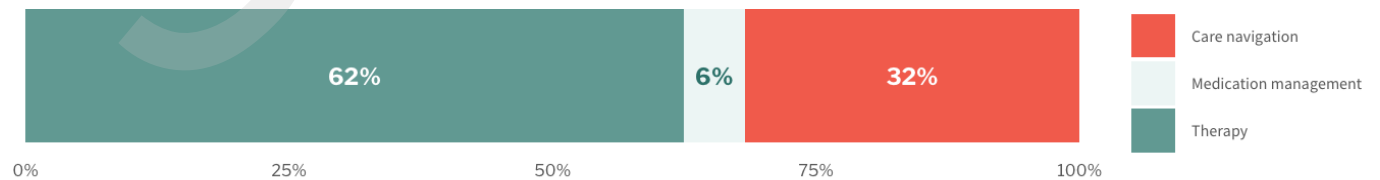
Assessed members booking appointments in the last 90 days	Total number of members booking appointments	Percent of assessed members that have booked an appointment	Average number of appointments per member	Number of appointments in the last 90 days	Total number of appointments
<b>142</b>	<b>264</b>	<b>49.16%</b>	<b>3.52</b>	<b>341</b>	<b>929</b>

How do assessed members booking appointments **during this plan year** compare to Spring averages based on partners with similar packages?



Out of all members with multiple therapy appointments,  
**91.38%**  
used the same therapist throughout their care journey.

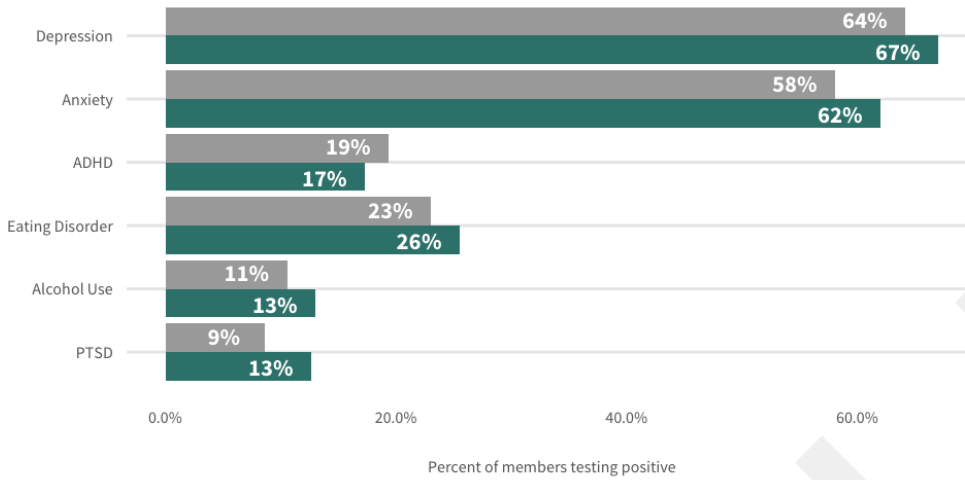
What types of appointments have been booked **since the beginning of your partnership with Spring Health**?



Questions? Please feel free to reach out to your Partnership Success Manager at any time.

# Current clinical insights

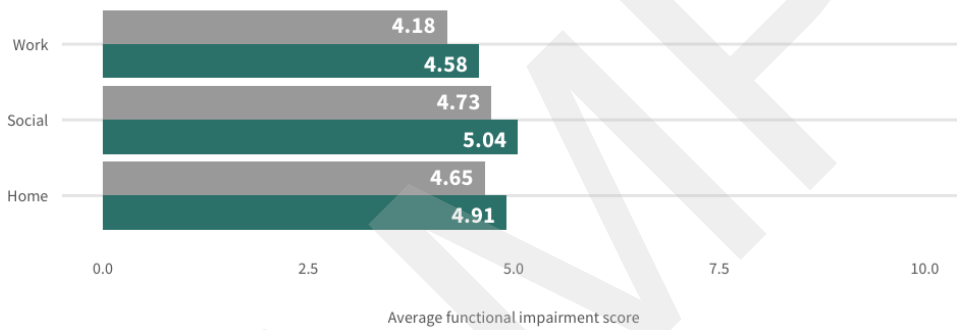
What mental health conditions are **most common** at PARTNER?



On average, members test positive for **1.98** mental health conditions.

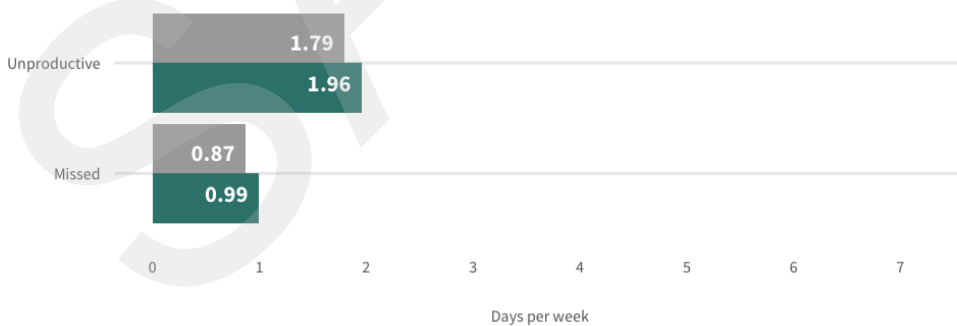
*(Testing positive for any condition is NOT a diagnosis of that condition.)*

How do mental health conditions **impact the lives of members**?



On their most recent assessment, **86.03%** of Equinox members reported that their conditions disrupt their work, social, or home lives, compared to **80.38%** across all Spring members.

How do mental health conditions **impact productivity** at PARTNER?



Members experience an average of **2.95 days** of impaired productivity each week.

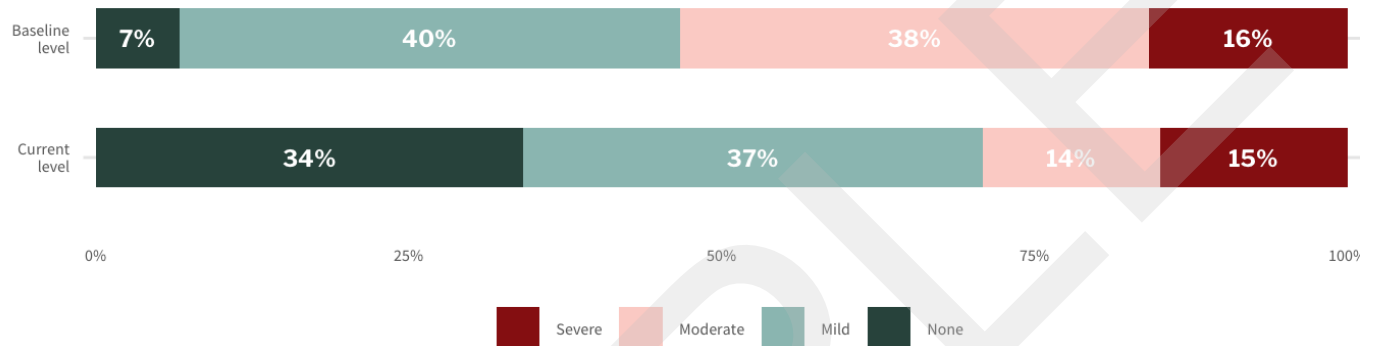
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## Depression improvements

How many members have **improved their depression** since the beginning of your partnership with Spring?

<b>Number of members with multiple depression questionnaires</b>	<b>Percent of members who improved their depression symptoms</b>	<b>Average number of therapy appointments for improved members</b>	<b>Average duration of treatment for improved members</b>
<b>120</b>	<b>64.17%</b>	<b>2.82</b>	<b>121 days</b>

How has **depression severity** changed across PARTNER since the beginning of your partnership with Spring?

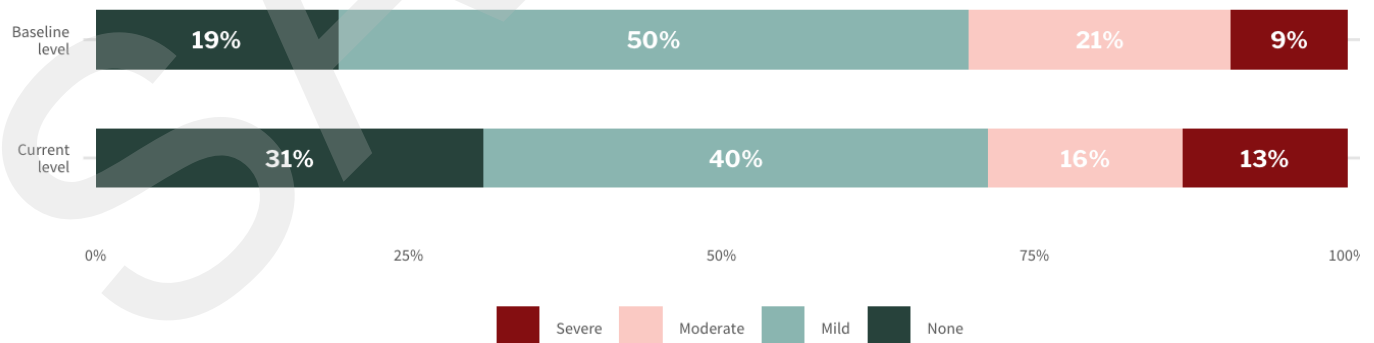


## Anxiety improvements

How many patients have **improved their anxiety** since the beginning of your partnership with Spring?

<b>Number of members with multiple anxiety questionnaires</b>	<b>Percent of members who improved their anxiety symptoms</b>	<b>Average number of therapy appointments for improved members</b>	<b>Average duration of treatment for improved members</b>
<b>129</b>	<b>47.29%</b>	<b>3.21</b>	<b>123 days</b>

How has **anxiety severity** changed across PARTNER since the beginning of your partnership with Spring?



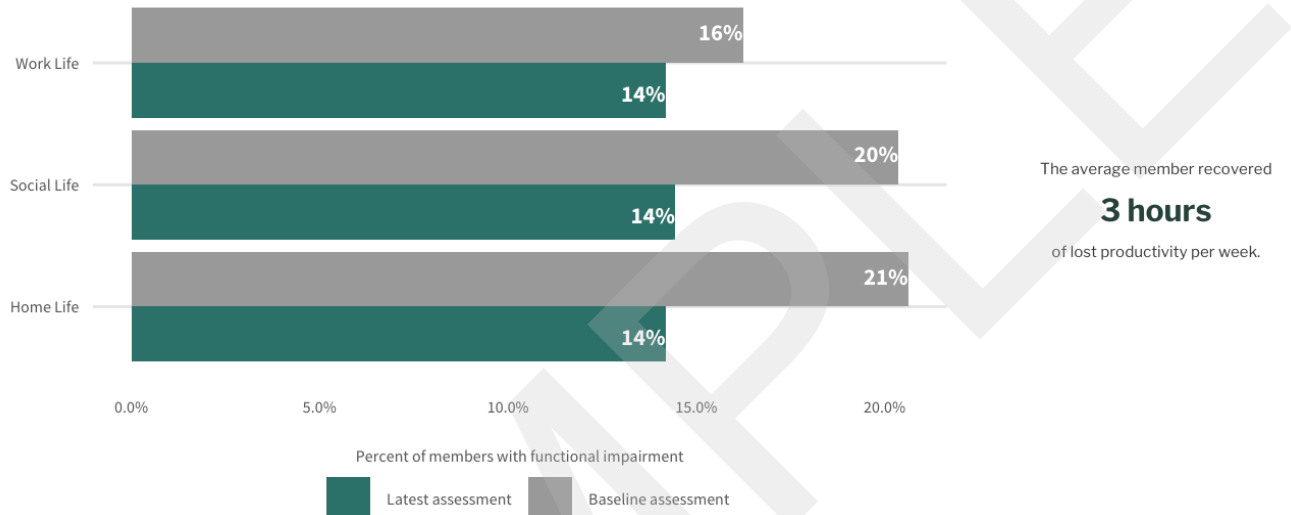
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## Functional improvements

How many members have improved their overall functionality?

Number of members with multiple functional questionnaires	Percent of members who improved their functionality	Average number of therapy appointments for improved members	Average duration of treatment for improved members	Average change in number of unproductive days per week	Average change in number of days missed per week
140	60%	2.24	102 days	-0.25 days	-0.13 days

How has the **number of members suffering impairment** in their work, social, and home life changed since the beginning of your partnership with Spring Health?



Questions? Please feel free to reach out to your Partnership Success Manager at any time.