

Security and whitelisting

To ensure Spring Health communications reach your organization properly, we highly recommend working with your IT team to whitelist the IP addresses and domains listed below. This will help make sure your teams are getting the support they need, when they need it most.

IP Address	Domain	Purpose
n/a	springhealth.com	Root domain for Spring Health
69.72.36.128 (Iterable)	info.springhealth.com	Launch and reminder transactional emails (6 of 32): Appointment reminders, check-in notifications, etc.
69.72.35.185 (Mailgun)	mg.springhealth.com	Other transactional emails (26 of 32): Appointment reminders, confirmations, etc. *rest of transactional emails being migrated to Iterable by Q1 2022
69.72.36.129 (Iterable) 192.92.97.0/24 (AC) 52.128.40.0/21 (AC)	hello.springhealth.com	Member and product marketing communications: Monthly Awareness Campaign (MAC), Care Support Team notifications, customer newsletters, product updates, etc.
n/a	Links.springhealth.com	Tracking domain: Spring Health tracking domain redirect for all email links

Spring Health works best on the following browsers: Chrome, FireFox, and Safari. It is not compatible with Internet Explorer.