CONFIDENTIAL COMMUNICATION REQUEST FORM

This form is for use by a person who is covered by insurance and wishes to make a reasonable request to receive communications of insurance claim-related information from The Guardian Life Insurance Company of America and its applicable subsidiaries by alternative means or at alternative locations if disclosing claim-related information could endanger the person.

SECTION A: Covered individua	al requesting confidential communication:
Name:	Policy No. or Member I.D.:
Birth Date:	Relationship to Primary Insured or Subscriber:
Current Address:	
SECTION B: To the covered in	dividual – please read the following and complete the information requested.
from us by alternative means endanger you. "Claim-related in including your name, address, at	asonable request that you receive communications of claim-related information or at alternative locations if disclosing the claim-related information could aformation" means all claim or billing information relating specifically to you, my services received, and the name and address of the provider of any services est will remain in effect until you revoke the request.
subsidiary send communications	st that The Guardian Life Insurance Company of America and its applicable of claim-related information to me by the following alternative means or at the ecause disclosing the claim-related information could endanger me:
	are using someone else's address, then enter his or her name here.)
Alternative Phone Number:	Alternative Email Address:
Signature:	Date:
SECTION C: Parents, Guardian	s, or Legal Representatives
If the covered individual is a ch parent or guardian, then please p	ild younger than 18-years-old and the person making this request is the child's rovide:
Parent or Guardian's Name:	Relationship to Covered Individual:
If a legal representative, such as please provide:	s an attorney, is making this request on behalf of the covered individual, then
Legal Representative's Name: _	Relationship to Covered Individual:
Organization or Firm Name:	
Business Address:	
Business Phone Number:	Business E-mail Address: